

# 3480 PGMA Girl Scouts

Faith. Courage. Confidence. Character.

## Camping Supplies Checklist

### Gear

- tarp, 6x8 feet
- camping sleeping pad or yoga mat
- camping sleeping bag
- 10-foot rope or bungee cord to tie sleeping system

To pack your sleeping system lay the tarp on the floor. Fold it so that it is approximately the same size as your sleeping bag. Put the sleeping pad or yoga mat on top of the tarp followed by the sleeping bag. Roll them all together tightly and tie the bundle together with the rope or bungee cord.

### Pack the following in one book bag:

- prayer rug
- flashlight
- mess kit (cup, plate, bowl & cutlery in mesh bag)
- house shoes/slippers/fuzzy socks
- clear plastic bag for clean/dirty/wet clothes
- clear plastic bag for toiletries
- travel size toothbrush, toothpaste, deodorant
- wipes (unscented)
- toilet wipes or personal istinja bottle
- small notebook and pencil/pen
- clothing including:
  - 2 pairs of socks (preferably wool)
  - jeans/sweat pants/long pants
  - shirt
  - hoody or sweater (if appropriate)
  - shoes (waterproof and covers the ankle)
  - hat, gloves, scarf (if appropriate)
  - pajamas (two piece, warm)
  - rain gear

Wear and pack clothing that can get dirty and/or wet.

### Label Everything!

### Do not bring:

- aerosol cans
- glass containers
- gum, candy, personal snacks
- scented items
- valuables (phone, game system, watches, money)

### Where to Buy

Look for camping gear & supplies at dollar stores, Target, REI, Walmart, or Amazon.